



**KICKSTART
YOUR
CAREER
DEVELOPMENT**

**RESOURCE
PACK**

#YES
She Can

MEMBERSHIP

THE WHY

“WHY SHOULD I SPEND OR PUT TIME ASIDE TO DEVELOP MY CAREER?”

OUR CAREERS AND JOBS CAN BE A BIG PART OF OUR LIVES. IT CAN ALIGN WITH OUR PASSIONS, INTERESTS, RELATIONSHIPS, AND OVERALL QUALITY OF LIFE.

FOR CAREER-DRIVEN INDIVIDUALS, PERFORMANCE AND PROGRESSION IN OUR CAREERS CAN BE EXTREMELY PIVOTAL AND IMPORTANT.

TAKE A COUPLE OF MINUTES TO THINK ABOUT YOUR CAREER AND THE STEPS YOU WANT TO TAKE TO DEVELOP YOUR SKILLS WITHIN IT.

WHY DID YOU CHOOSE THE SECTOR OR INDUSTRY YOU'RE IN/ASPIRING TO BE IN?

WHAT ARE YOU MOST INTERESTED IN OR PASSIONATE ABOUT IN YOUR CAREER?

WHAT ARE THE SKILLS OR ABILITIES YOU ARE STRONG AT AND WHAT WOULD YOU LIKE TO IMPROVE?

THE HOW

THERE MIGHT BE MANY THINGS YOU WANT TO ACHIEVE IN YOUR CAREER SO KNOWING HOW TO DO IT IS INTEGRAL FOR YOU TO SMASH THOSE GOALS. START BY THINKING ABOUT...



THE AREAS OF YOUR CAREER THAT YOU'RE PLEASED WITH



THEN THINK ABOUT THE AREAS YOU WANT TO IMPROVE



**WHAT COULD BE THE BEST WAY TO ACHIEVE THIS
E.G. IT COULD BE LEARNING HOW TO HAVE DIFFICULT CONVERSATIONS
OR BUILDING YOUR LEADERSHIP SKILLS.**

DEDICATE YOUR TIME

PROGRESSION DOESN'T HAPPEN OVERNIGHT, AND WE NEED TO DEDICATE SECTIONS OF OUR TIME IF WE WANT TO ACHIEVE OUR GOALS.

THIS DOESN'T MEAN SPENDING HOURS WATCHING OUR WORKSHOPS AND HOPING IT SINKS IN INSTANTLY. **IT'S ABOUT REALISTICALLY LOOKING AT YOUR SCHEDULE AND THE TIME YOU HAVE ALREADY.**

HOW MUCH TIME A WEEK DO YOU WANT TO WORK ON YOUR CAREER DEVELOPMENT?

IT COULD BE A COUPLE OF HOURS TO 1 WORKSHOP A WEEK

WHERE WILL YOU SPEND MOST OF YOUR TIME ON THIS?

E.G. DURING TRAVELLING, AT HOME, AT WORK

HOW PREPARED ARE YOU TO START YOUR JOURNEY? CIRCLE THE ONE WHICH YOU AGREE WITH THE MOST.

NOTE: THERE IS NO WRONG ANSWER, THIS IS COMPLETELY DEPENDENT ON YOUR COMFORT LEVEL AND CIRCUMSTANCE.

I HAVEN'T DONE ANYTHING LIKE THIS BEFORE BUT WILLING TO TRY

I AM CONFIDENT WITH THIS NEW JOURNEY / I HAVE DONE SOMETHING LIKE THIS PREVIOUSLY

I'M COMFORTABLE TO FIT CAREER DEVELOPMENT IN MY SCHEDULE

KEEP TRACK

USE THIS LEARNING TREE TO ADD THE SKILLS YOU'VE LEARNED AND WRITE THE MOST IMPORTANT THING YOU LEARNED IN THE BOX SO YOU CAN REMEMBER IT.

SKILL:

SKILL:

SKILL:

SKILL:

SKILL:

SKILL:

SKILL:

SKILL:

CHECK IN

USE THIS PAGE TO CHECK IN ON YOUR CAREER DEVELOPMENT AND YOUR GOALS. CHECKING IN IS REALLY POSITIVE AND CAN LEAD TO INCREASED PRODUCTIVITY AND PASSION FOR YOUR NEW-FOUND SKILLS.

IN 1 MONTHS TIME

<p>WHERE ARE YOU CURRENTLY AT IN YOUR CAREER DEVELOPMENT JOURNEY?</p>	<p>HOW DO YOU FEEL?</p>
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IN 6 MONTHS TIME

<p>WHERE ARE YOU CURRENTLY AT IN YOUR CAREER DEVELOPMENT JOURNEY?</p>	<p>HOW DO YOU FEEL?</p>
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IN 1 YEARS TIME

<p>WHERE ARE YOU CURRENTLY AT IN YOUR CAREER DEVELOPMENT JOURNEY?</p>	<p>HOW DO YOU FEEL?</p>
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